

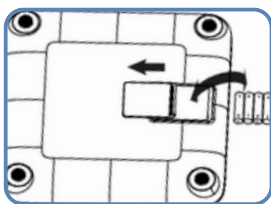
## Quick Start Guide

# Measuring Body Weight with SmartMeter Scale

### PLEASE NOTE TO ENSURE ACCURACY:

Two cellular SmartMeter scales are available — standard (440 lb limit) and large (551 lb limit).

1



Remove the scale from the box and all packaging. On the **bottom** of the device is the **battery compartment**. Insert the batteries in the compartment ensuring proper polarity.

2



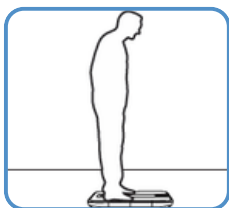
You will see these icons **flash** on the LCD screen then the symbols will be shown alternatively on the LCD screen, indicating that it is establishing a connection. The scale will automatically **pair-up** with the system when used for the **first time**. The signal symbol will be displayed at the same time, which indicates the **quality** of the network signal.

3



This symbol indicates the connection was **successful**. The device will then turn **off** automatically.

4



Place your scale on a **hard, flat** surface (no rugs or carpeting), and preferably near a **window** or in an area of your home where you have good cellular **signal**. Step on the scale and keep **stable** until the weight is displayed.

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5

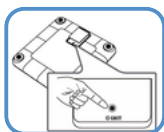


The results will be displayed and automatically **saved**. Data transmission will begin after measurement. The **cloud** symbol **blinks** on the LCD to indicate data is transmitting.

6

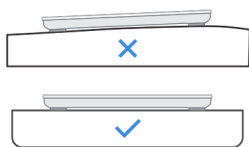


If the data is **successfully** transmitted, the **cloud** symbol will disappear, and the LCD will display **OK** and then the device will turn off.

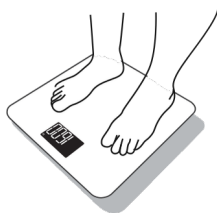


**Additional option:** Open the battery door, you will see the black unit button down here, press it to switch units of weight.

### How To Get Accurate Readings



1. Place your scale on a flat and hard surface.
2. Do **NOT** place the scale on carpet or soft surface.



Step on the scale with clean, bare feet. Wear as little clothing as possible.



Do not bend your knees when weighing yourself.



Try to weigh yourself at the same time each day.

**Please Note:** This device is intended for use under medical supervision from your physician and results will be monitored by your LVAD care team. Do not make any changes in your treatment plan without consulting your physician for direction. If you are unable to reach your physician or LVAD care team, for any medical emergencies, call 911 or go to the nearest emergency room.

**Disclaimer:** Quick start guide instructions reference the Smart Meter manufacturer Instructions For Use (IFU). A complete instruction manual is included with each device for full reference and additional information can be found at <https://smartmeterrpm.com/wp-content/uploads/2025/08/iScale-Plus-User-Manual-10.23-2.pdf>.

Need Help or Technical Assistance? Call 833.WCR.6364 (833-927-6364)

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